

Cancer, Toxins and all the bad words...

There is a risk of carcinogens when we cook foods at a high heat. In fact, anything above 250 degrees can cause the formation of compounds called heterocyclic amines-which are known carcinogens. Acrylamides (another carcinogen) are also produced if the product contains oils and carbohydrate starches like corn or potatoes. Because these carcinogens were just a by-product made during the high-heat extrusion process, they won't be listed on the ingredient label.

For this and many other reasons, it is preferred that your pet does not eat extruded, dry kibble foods -- or at the least that it is not the primary meal. Although convenient, it has substantial drawbacks. If you must feed a dry kibble, **avoid** foods containing corn, soy, wheat, and white potato.

Canned food is not made by extrusion with high heat. Canning is the preservation process. However, to keep food from adhering to the can, many can linings have Bisphenol-A (a.k.a BPA), a plastic component that is widely considered a possible carcinogen.

Currently, the FDA does not regulate the amount of BPA allowed in the can linings. This circumstance means there is no penalty for misrepresentation from pet food companies regarding the amount of BPA in their cans.

However, this is what they are stating:

- Small aluminum cans tend to be BPA free, large steel cans tend to have BPA.
- The following companies claim they DO NOT use BPA lined cans small or large...
 - Chicken Soup
 - Merrick
 - Weruva
 - Canidae/Felidae
 - Petropics